



REACH-HFpEF: Randomised controlled trial of a facilitated home-based rehabilitation intervention in patients with heart failure with preserved ejection fraction and their caregivers

Welcome to REACH-HFpEF Newsletter 07 (September 2024)

☑ REACH-HFpEF reaches 300 patients!

A huge collective well done on reaching the milestone of 300 patients randomised in August. Well done to the site teams of North Tees (09), West Suffolk (10) and Wirral (17) who have now passed the individual site target of 26 participants per site. The West Suffolk team are highlighted below in this month's newsletter.

🛒 Love to Shop?

We were delighted to inform you that from 1st August 2024 we have introduced funding to site teams of £50 for each new patient recruited and randomised. This amount will be provided as a 'Love to Shop' voucher so site teams can enjoy the benefits directly, e.g. contribution to staff night out/coffee and cake budget, etc. The trial management team have been in touch directly asking teams to nominate a contact to receive the vouchers on behalf of the site. If you haven't already sent details of your nominated contact, please do so or we cannot send the vouchers.

We hope you can take full advantage of this financial incentive scheme as we work towards meeting our target of 520 patients randomised by May 2025.

? Data Queries

Thanks to all site staff for responding to the data queries via the eCRF. A timely response allows us to report accurate data to our Data Monitoring and Trial Steering Committees.

Reminder:

Data queries are generated via the eCRF. A full list of queries can be accessed via the top menu:



In the timeline, visits and pages with open queries are marked with a lightning bolt

If you have any problems or need further advice when responding to queries, please contact us at REACH_HFpEF@glasgowctu.org

📄 Blind Break Log

A gentle reminder to the research teams to record any instances of unblinding via the eCRF. The unblinding log can be found in the timeline under the Logs and Reporting tab.

Patient Site Completed	Caregiver Site Completed	Patient	Caregiver	Logs and Reporting	Intervention Patient
					Intervention Caregiver
Colours & Icons					
Patient No	Blind Break log	Anticipated AE log	Serious Adverse Event Reporting		
01001	1	2	7		
01002	1	1	2		

eCRF Changes

Gentle reminder of some recent eCRF changes that were communicated to all sites:

- Amiodarone has been added to the medication screen. Please complete this question retrospectively. Data queries will be set-up for missing data in this field from October.
- Day case treatments for heart failure (e.g. IV infusions or furosemide) should be recorded as SAEs within the eCRF. Under serious criteria these should be classed as 'Other important medical event'. Please add any historical day cases as an SAE, where possible.
- Screening Log - only those patients provided with a PIS should be added to the screening log.

Your experiences of REACH-HFpEF



West Suffolk site team's Top 3 tips for recruitment to REACH-HFpEF



Thanks to Dr Justin Zaman and the local team at West Suffolk (Simone Meldrum, Jodie Bosomworth, Helen Robinson and Jo Kellet) for providing their top 3 tips for recruitment:

1. You/your team view every echo that comes through your department with the indication 'SOB, raised BNP'.
2. If you see a HFpEF echo report, write to the patient yourself to tell them about the study, write to their GP to start loop diuretics and get your research nurse to follow up with a phone call a couple of weeks later – don't rely on others to send you patients.
3. Have a team with designated roles and times of availability so the research protocol recruitment process becomes second nature (roles – making first contact/consent/baseline questionnaire/assessments/intervention/follow-ups).

CONTACT US:

REACH-HFpEFproject@glasgowctu.org with any questions for the trial management team.