

### MONDAY



QUORN BEAN CHILLI WITH RICE £5.95

VEGETABLE STIRFRY WITH RICE £4.95

### STREET FOOD

ITALIAN JOB BURGER, ROCKET, TOMATO, MAYO, £6.95
CHEDDAR CHEESE, SOURDOUGH BUN

INDONESIAN BEEF TACOS WITH GRILLED PINEAPPLE £5.95

PENNE IRROCO CHICKEN, CHORIZO, RED ONION, £5.00
CREAM

### WORLD CUISINE

CHICKEN SHAWARMA WITH FLATBREAD, £6.95
SALAD AND SLAW

SRI LANKAN TOASTED COCONUT CHICKEN CURRY, RICE £6.75



SWEET POTATO CHILLI & COCONUT

£2.95



# TUESDAY



VEGAN	
VEGGIE BURITTO (BEANY)	£4.95
VEGETABLE GYOZA WITH SAUCE & RICE, RED PICKLED ONION	£4.95
VEGETABLE UDON NOODLES WITH SAUCE	£4.95
STREET FOOD	
MEXICAN FAJITA WRAP	£6.95
KOREAN STYLE FRID CHICKEN	£5.95
VEGETABLE LASAGNE	£5.00
WORLD CUISINE	
PIRI PIRI CHICKEN WITH MEDITERANEAN RICE AND	£6.95
SMOKY TOMATO SAUCE	
MINCED BEEF LASAGNE WITH GARLIC BREAD AND	£6.95
SALAD	



VEGAN SOUP OF THE DAY

LENTIL & VEGETABLE

£2.95



### WEDNESDAY



**VEGAN ONION BHAJI WRAP** 

£5.95

SWEET POTATO, CHICKPEA & DAL COCONUT CURRY £4.95 WITH FIRE CRACKER POTATOES

### STREET FOOD

LOADED DIRTY CHEESE BURGER, SLICED TOMATO, £6.95 **ICEBERG LETTUCE & MAYO** 

2 JOINT WINGS WEDNESDAY WITH RED CABBAGE, £4.95 CARROT, SAVOY CABBAGE, RED ONION TOSSED IN HONEY MUSTARD DRESSING

DISH OF THE DAY (PLEASE ASK SERVER FOR DETAILS) £5.95

WORLD CUISINE

MINCED BEEF PIE, MASHED POTATO & PEAS £6.75

> £6.75 THAI CHICKEN CURRY

### JEGAN SOUP OF THE DAY

LEEK AND POTATO

£2.95



### THURSDAY



VEG PAKORA WRAP £5.95

AFRICAN FIRE BEAN STEW



£4.95

**VEGAN KATSU BURGER** 

£4.95

### STREET FOOD

JMS COD DOG BURGER WITH ICEBERG LETTUCE, £5.95

TARTRE SAUCE & COLESLAW

STICKY CHICKEN BAO BUNS £6.95

JIMMY MAC N' CHEESE WITH GARLIC BREAD £4.95

### WORLD CUISINE

CHICKEN KATSU WITH RICE & SAUCE £6.95

KOREAN APPLE BULGOGI BEEF £6.75

### SOUP OF THE DAY

ROAST CARROT & COCONUT SOUP £2.95



### FRIDAY



VEGAN	
RAJ BEAN BURGER	£5.95
SINGAPORE NOODLES	£4.95
STREET FOOD	
CHICKEN GOUJON BANG BANG WRAP	£4.95
COWBOOY BEEF CHILLI, TORTILLA CHIPS & TATER TOTS	£5.95
PENNE ARRABBIATA	£5.00
WORLD CUISINE	
MSC BATTERED HADDOCK N' CHIPS OR BLAGGIS	£6.95
DISH OF THE DAY (PLEASE ASK SERVER FOR	£6.75



DETAILS)

**CREAM OF MUSHROOM** £2.95



# VEGAN MENU

#### MONDAY

QUORN BEAN CHILLI WITH RICE £ 4.95 🕗



VEGETABLE STIRFRY WITH RICE £ 4.95

SOUP: SWEET POTATO CHILLI & COCONUT £ 2.95





### VEGAN MENU

#### TUESDAY

VEGGIE BEANY BURRITO £ 4.95



VEGETABLE GYOZA WITH SAUCE AND RICE £ 4.95

VEGETABLE UDON NOODLES WITH SAUCE £ 4.95

SOUP: LENTIL & VEGETABLE £ 2.95





### WEGAN MENU

#### WEDNESDAY

ONION BHAJI WRAP £ 5.95 SWEET POTATO, CHICKPEA & DAL COCONUT CURRY WITH FIRE CRACKER POTATOES £ 4.95 🟉



SOUP: LEEK AND POTATO £ 2.95





# WEGAN MENU

### THURSDAY

VEG PAKORA WRAP £ 5.95

AFRICAN FIRE BEAN STEW £ 4.95



VEGAN KATSU BURGER £ 4.95

SOUP: ROAST CARROT & COCONUT £ 2.95





# VEGAN MENU

### FRIDAY

RAJ BEAN BURGER £ 5.95



SINGAPORE NOODLES £ 4.95

SOUP: CREAM OF MUSHROOM £ 2.95









#### MONDAY

QUORN BEAN CHILLI WITH RICE £ 4.95 VEGETABLE STIRFRY WITH RICE £ 4.95

SOUP: SWEET POTATO CHILLI & COCONUT £ 2.95



#### TUESDAY

VEGETABLE BEANY BURRITO £ 4.95

VEGETABLE GYOZA WITH SAUCE & RICE £ 4.95

VEGETABLE UDON NOODLES WITH SAUCE £ 4.95

SOUP: LENTIL & VEGETABLE £ 2.95

#### WEDNESDAY

ONION BHAJI WRAP £ 5.95 SWEET POTATO, CHICKPEA & DAL COCONUT CURRY £ 4.95

SOUP: LEEK AND POTATO £ 2.95

#### THURSDAY

VEG PAKORA WRAP £ 5.95

AFRICAN FIRE BEAN STEW £ 4.95

CAJUN SPICE HALLOUMI BURGER £ 4.95

SOUP: ROAST CARROT & COCONUT £ 2.95

#### FRIDAY

RAJ BEAN BURGER £ 5.95

SINGAPORE NOODLES £ 4.95

SOUP: CREAM OF MUSHROOM £ 2.95





# BEANS MENU

QUORN BEAN CHILLI WITH RICE £ 4.95

TUESDAY

VEGGIE BEANY BURRITO £ 4.95

WEDNESDAY

SWEET POTATO, CHICKPEA & DAL COCONUT CURRY
WITH FIRE CRACKER POTATOES £ 4.95

THURSDAY

AFRICAN FIRE BEAN STEW £ 4.95

FRIDAY

VEGAN RAJ BEAN BURGER £ 5.95

BEANS ARE ALSO AVAILABLE
DAILY DURING BREAKFAST



# BEANS MENU

FULL OF BEANS IS A CITY-WIDE CAMPAIGN THAT

AIMS TO PROMOTE GREATER CONSUMPTION OF

BEANS AND PULSES.

WE SUPPORT THIS CAMPAIGN BY SERVING A DISH

MADE WITH BEANS OR PULSES DAILY.

BEANS ARE PLANT-BASED PROTEIN AND FIBRE-RICH, WHICH IS GOOD FOR HEART AND GUT HEALTH AND CONSIDERED AN ALTERNATIVE TO ANIMAL PRODUCTS.

THEY ALSO BENEFIT THE PLANET BECAUSE THEY

DON'T NEED MUCH WATER, ARE LOW IN CARBON,

AND HELP ENRICH THE SOIL BY FIXING NITROGEN

LEVELS.





Offering fresh, seasonal ingredients from local suppliers including veg, fruit, homemade mixed salads and orzo pasta, giving you the freedom to custom make your perfect bowl!

# CUSTOM BOWLS



Regular £5.00 Large £6.50

