

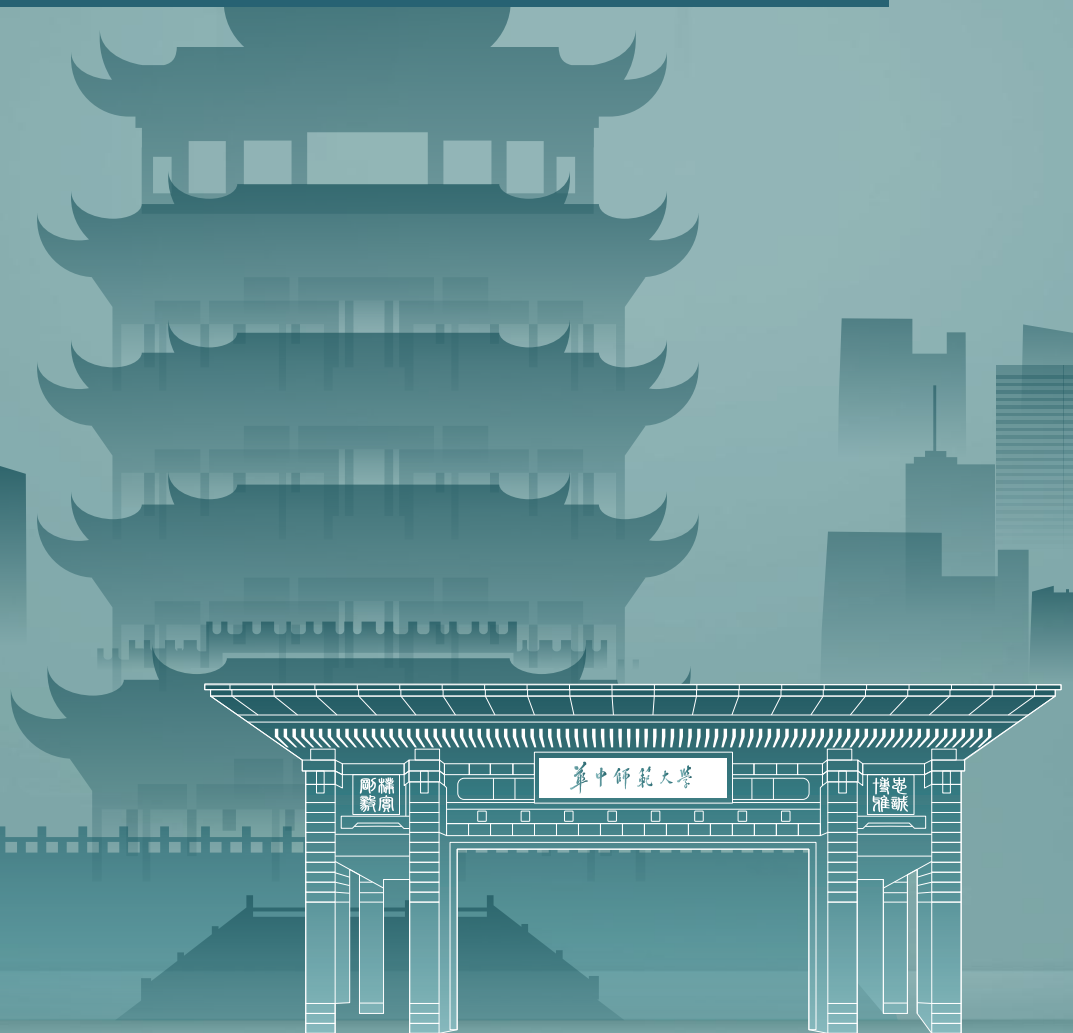


華中師範大學  
CENTRAL CHINA NORMAL UNIVERSITY

**WUHAN 2025**

**Chinese Excellence Program**

**Central China Normal University**



Session 1 : June 16 – July 13 (4 weeks)

Session 2: July 14 – August 10 (4 weeks)

# Welcome to Wuhan

- Abundant scientific and educational resource, housing 92 colleges and universities
- Rich cultural heritage, the origin of Chinese ancient Chu culture
- Strong economic vitality, with a talent pool exceeding three million individuals
- A paradise of food and convenient lifestyle
- An international city environment
- Convenient transportation, with high-speed rail connections allowing access to 80% of major cities across the country within four hours

More information about Wuhan:

[http://www.hubei.gov.cn/hbfb/rdgz/202410/t20241002\\_5357535.shtml](http://www.hubei.gov.cn/hbfb/rdgz/202410/t20241002_5357535.shtml)

<https://m.hbtv.com.cn/p/4499257.html>



# Central China Normal University (CCNU)

- Established in 1903
- Comprehensive normal university guided directly by the ministry of education
- One of the universities on the list of “211 national education priority project” and “double first-class” initiative
- An important base for the cultivating brilliant talents for the country
- A top-quality training center for excellent teachers in higher education
- Accommodating over 18,700 undergraduate students, and 12,900 postgraduate students, among whom around 1,000 international students
- Various students' clubs including recitation club, rugby club, choir club, badminton club, volleyball club and different language clubs.

More information about CCNU:

[http://is.ccnu.edu.cn/ABOUT\\_CCNU1/About\\_CCNU.htm](http://is.ccnu.edu.cn/ABOUT_CCNU1/About_CCNU.htm)

[https://mp.weixin.qq.com/s/D3EojtDdUV\\_2Xd6l4TTj\\_A](https://mp.weixin.qq.com/s/D3EojtDdUV_2Xd6l4TTj_A)

[https://mp.weixin.qq.com/s/ba0jmHm5Fim6GOi\\_sXBiPg](https://mp.weixin.qq.com/s/ba0jmHm5Fim6GOi_sXBiPg)





# Programme Description

This is an eight-week immersive Chinese language training programme revolving around "Chinese Language Enhancement + Cultural Experience." The programme, which consists of four main components: Chinese language enhancement courses, cultural lectures, cultural experiences, and local and cultural site visits, aims at developing students' comprehensive Chinese skills in listening, speaking, reading, and writing through a multi-layered course design and learning tasks.

Cultural instruction is an integral part of Chinese language teaching, achieving an integration of "language" and "culture." The programme combines theory with practice, providing learners with opportunities to use Chinese and experience Chinese culture in real-life situations.



## Objectives for Chinese Learners

1. Complete the Standard Course HSK 3 textbook + workbook.
2. Enhance comprehensive Chinese language proficiency in terms of oral Chinese skill and comprehension skills.
3. Explore Jingchu cultures, understand the essence of Chu culture and inspire passion for Chinese culture and its practical applications.
4. Fully experience China and accumulate valuable China-related insights and experiences.



# Four Key Modules



## ★ Chinese Language Enhancement Course:

1. Integrated Chinese: Chinese listening, speaking, reading and writing courses, 40 sessions, 80 hours, completing the Standard Course HSK 3 (20 lessons in total).
2. One-on-One Tutorial Session: 20 sessions, 20 hours, conducted after each comprehensive Chinese course for personalized review.
3. Speaking Enhancement Course: 4 sessions, 2 hours each, focusing on output to improve oral expression skills.
4. Self-Study on Grammar (not compulsory): 20 sessions, self-guided study of grammar content related to each lesson.

## ★ Culture-Related Lectures:

1. Language learning and culture-related lectures alternate, integrating language and culture-related teaching seamlessly.
2. Based on CCNU's culture-related materials, the lectures focus on Jingchu (Hubei) culture, highlighting regional characteristics.
3. Culture-related lectures are complemented by cultural site visits, ensuring a connection between in-class learning and on-site experiences.

## ★ Cultural Experiences:

Immerse in the beauty of Chinese culture through activities such as Beijing Opera, Chinese calligraphy and painting, Chinese tea art, and Chinese martial art, etc.

## ★ Visits and Exchanges<sup>1</sup>:

1. Explore the local customs and culture of Jingchu culture to gain a deeper understanding of Chinese culture.
2. A combination of knowledge and practice, with diverse activities and progressively challenging tasks.

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<sup>1</sup> If participants would like to explore more city on their own, we are willing to provide further information and assistance.

# Course Schedule<sup>2</sup>:

Week 0						
Friday June 13 <sup>th</sup>		Saturday June 14 <sup>th</sup>		Sunday June 15 <sup>th</sup>		
Arrival Day		Arrival Day & Registration		09:00-10:00 Opening Ceremony of Session 1		
				10:00-11:00 Orientation & Campus tour		
				14:00-16:00 Entrance Exam of Session 1		
Week 1						
Monday June 16 <sup>th</sup>	Tuesday June 17 <sup>th</sup>	Wednesday June 18 <sup>th</sup>	Thursday June 19 <sup>th</sup>	Friday June 20 <sup>th</sup>	Saturday June 21 <sup>st</sup>	Sunday June 22 <sup>nd</sup>
08:30-10:40 Integrated Chinese Lesson 1 Part 1 10:50-12:00 Self-Study	08:30-10:40 Integrated Chinese Lesson 1 Part 2 10:50-12:00 One-on-One Tutorial 1	08:30-10:40 Integrated Chinese Lesson 2 Part 1 10:50-12:00 Self-Study	08:30-10:40 Integrated Chinese Lesson 2 Part 2 10:50-12:00 One-on-One Tutorial 2	08:30-10:40 Integrated Chinese Lesson 3 Part 1 10:50-12:00 Self-Study	Site Visit: Pan Long Cheng: Bronze Culture on Early Shang Dynasty	
	14:30-16:30 Making Dump- lings with Chinese Students			14:30-16:30 Chinese idiom: 一言九鼎		
Week 2						
Monday June 23 <sup>rd</sup>	Tuesday June 24 <sup>th</sup>	Wednesday June 25 <sup>th</sup>	Thursday June 26 <sup>th</sup>	Friday June 27 <sup>th</sup>	Saturday June 28 <sup>th</sup>	Sunday June 29 <sup>th</sup>
08:30-10:40 Integrated Chinese Lesson 3 Part 2 10:50-12:00 One-on-One Tutorial 3	08:30-10:40 Integrated Chinese Lesson 4 Part 1 10:50-12:00 Self-Study	08:30-10:40 Integrated Chinese Lesson 4 Part 2 10:50-12:00 One-on-One Tutorial 4	08:30-10:40 Integrated Chinese Lesson 5 Part 1 10:50-12:00 Self-Study	08:30-10:40 Integrated Chinese Lesson 5 Part 2 10:50-12:00 One-on-One Tutorial 5	Visit to Yichang city (Three Gorges Dam)	
		14:30-16:30 Traditional Chinese Medicine		14:00-16:00 Oral Practice 1 16:30-17:00 Quiz		
Week 3						
Monday June 30 <sup>th</sup>	Tuesday July 1 <sup>st</sup>	Wednesday July 2 <sup>nd</sup>	Thursday July 3 <sup>rd</sup>	Friday July 4 <sup>th</sup>	Saturday July 5 <sup>th</sup>	Sunday July 6 <sup>th</sup>
08:30-10:40 Integrated Chinese Lesson 6 Part 1 10:50-12:00 Self-Study	08:30-10:40 Integrated Chinese Lesson 6 Part 2 10:50-12:00 One-on-One Tutorial 6	08:30-10:40 Integrated Chinese Lesson 7 Part 1 10:50-12:00 Self-Study	08:30-10:40 Integrated Chinese Lesson 7 Part 2 10:50-12:00 One-on-One Tutorial 7	08:30-10:40 Integrated Chinese Lesson 8 Part 1 10:50-12:00 Self-Study	Site Visit: The Qingchuan Pa- vilion, the Ancient Guqin Terrace	
	14:30-16:30 Tea Art			14:40-16:30 Chinese idiom: 高山流水、 曲高和寡		
Week 4						
Monday July 7 <sup>th</sup>	Tuesday July 8 <sup>th</sup>	Wednesday July 9 <sup>th</sup>	Thursday July 10 <sup>th</sup>	Friday July 11 <sup>th</sup>	Saturday July 12 <sup>th</sup>	Sunday July 13 <sup>th</sup>
08:30-10:40 Integrated Chinese Lesson 8 Part 2 10:50-12:00 One-on-One Tutorial 8	08:30-10:40 Integrated Chinese Lesson 9 Part 1 10:50-12:00 Self-Study	08:30-10:40 Integrated Chinese Lesson 9 Part 2 10:50-12:00 One-on-One Tutorial 9	08:30-10:40 Integrated Chinese Lesson 10 Part 1 10:50-12:00 Self-Study	08:30-10:40 Integrated Chinese Lesson 10 Part 2 10:50-12:00 One-on-One Tutorial 10	Arrival Day & Registration of Session 2	9:30-11:30 Final Exam of Session 1 <sup>3</sup> / Open- ing Ceremony and Campus Tour of Session 2
	14:30-16:30 Site Visit: Hubei Provincial Museum	14:30-16:30 Beijing Opera		14:30-16:30 Oral Practice 2/ Arrival Day of Session 2		14:30-15:30 Closing Ceremo- ny of Session 1/ Entrance Exam of Session 2

2 CCNU reserves the right of adjusting the schedule.

3 Students participating in two sessions are required to take this exam, and the results of this exam will be recorded in the quiz scores.

Week 5						
Monday July 14 <sup>th</sup>	Tuesday July 15 <sup>th</sup>	Wednesday July 16 <sup>th</sup>	Thursday July 17 <sup>th</sup>	Friday July 18 <sup>th</sup>	Saturday July 19 <sup>th</sup>	Sunday July 20 <sup>th</sup>
08:30-10:40 Integrated Chinese Lesson 11 Part 1 10:50-12:00 Self-Study	08:30-10:40 Integrated Chinese Lesson 11 Part 2 10:50-12:00 One-on-One Tutorial 11	08:30-10:40 Integrated Chinese Lesson 12 Part 1 10:50-12:00 Self-Study	08:30-10:40 Integrated Chinese Lesson 12 Part 2 10:50-12:00 One-on-One Tutorial 12	08:30-10:40 Integrated Chinese Lesson 13 Part 1 10:50-12:00 Self-Study	Site Visit: Yellow Crane Tower	
		14:30-16:30 Kung Fu (Chinese Martial Art)		14:40-16:30 Architectural Culture: Pavilions and Towers in Wuhan		
Week 6						
Monday July 21 <sup>st</sup>	Tuesday July 22 <sup>nd</sup>	Wednesday July 23 <sup>rd</sup>	Thursday July 24 <sup>th</sup>	Friday July 25 <sup>th</sup>	Saturday July 26 <sup>th</sup>	Sunday July 27 <sup>th</sup>
08:30-10:40 Integrated Chinese Lesson 13 Part 2 10:50-12:00 One-on-One Tutorial 13	08:30-10:40 Integrated Chinese Lesson 14 Part 1 10:50-12:00 Self-Study	08:30-10:40 Integrated Chinese Lesson 14 Part 2 10:50-12:00 One-on-One Tutorial 14	08:30-10:40 Integrated Chinese Lesson 15 Part 1 10:50-12:00 Self-Study	08:30-10:40 Integrated Chinese Lesson 15 Part 2 10:50-12:00 One-on-One Tutorial 15	Visit to Wudang Mountain	
	14:30-16:30 Calligraphy	14:30-16:30 Local Visit: Optical Valley		14:00-16:00 Oral Practice 3 16:30-17:00 Quiz		
Week 7						
Monday July 28 <sup>th</sup>	Tuesday July 29 <sup>th</sup>	Wednesday July 30 <sup>th</sup>	Thursday July 31 <sup>st</sup>	Friday August 1 <sup>st</sup>	Saturday August 2 <sup>nd</sup>	Sunday August 3 <sup>rd</sup>
08:30-10:40 Integrated Chinese Lesson 16 Part 1 10:50-12:00 Self-Study	08:30-10:40 Integrated Chinese Lesson 16 Part 2 10:50-12:00 One-on-One Tutorial 16	08:30-10:40 Integrated Chinese Lesson 17 Part 1 10:50-12:00 Self-Study	08:30-10:40 Integrated Chinese Lesson 17 Part 2 10:50-12:00 One-on-One Tutorial 17	08:30-10:40 Integrated Chinese Lesson 18 Part 1 10:50-12:00 Self-Study	Site Visit: East Lake	
	14:30-16:30 Paper Cutting			14:40-16:30 Festival Culture: the Dragon Boat Festival		
Week 8						
Monday August 4 <sup>th</sup>	Tuesday August 5 <sup>th</sup>	Wednesday August 6 <sup>th</sup>	Thursday August 7 <sup>th</sup>	Friday August 8 <sup>th</sup>	Saturday August 9 <sup>th</sup>	Sunday August 10 <sup>th</sup>
08:30-10:40 Integrated Chinese Lesson 18 Part 2 10:50-12:00 One-on-One Tutorial 18	08:30-10:40 Integrated Chinese Lesson 19 Part 1 10:50-12:00 Self-Study	08:30-10:40 Integrated Chinese Lesson 19 Part 2 10:50-12:00 One-on-One Tutorial 19	08:30-10:40 Integrated Chinese Lesson 20 Part 1 10:50-12:00 Self-Study	08:30-10:40 Integrated Chinese Lesson 20 Part 2 10:50-12:00 One-on-One Tutorial 20		9:30-11:30 Final Exam of Session 2
	14:30-16:30 Molding Clay Figurines			14:40-16:30 Oral Practice 4		14:30-15:30 Closing Ceremony of Session 2

- Each session consists of 40 class hours of integrated Chinese courses, 10 class of one-on-one tutorial session, 4 class hours of oral practice sessions, 4 class hours of cultural-related lectures, 8 class hours of cultural experiences and 4 times local visits.

- Entrance exam and final exam consist of written test and oral test.



# Completion Requirements

- Final score = Attendance (10%) + Class Performance (10%) + Quiz (30%) + Assignments (10%) + Final Exams (40%).
- The score of final exam = written test (70%) + oral test (30%).
- The class performance score depends on whether the student has participated in oral practice and completed exercises on the designated topic
- The assignments are the complementary exercises to the Standard HSK3 workbook, which can be completed in approximately 1 hour. Students can finish them on the one-on-one session.
- Only participants who have attended at least 80% of all classes and activities from the Opening Ceremony to the Closing Ceremony will receive the certificate of completion.

## Additional Information

### Duration:

- Session 1: June 16 to July 13 (4 weeks)
- Session 2: July 14 to August 10 (4 weeks)

**Location:** Wuhan

### Eligibility:

- Being a citizen of a country other than the People's Republic of China;
- 18 years of age or older by the start of the program;
- Studied at least two semesters of Chinese language at the university level can apply Session 1.
- Studied at least three semesters of Chinese language at the university level can apply Session 2.

**Application Fee:** 300 RMB<sup>4</sup>

### Program Fee<sup>5</sup>:

- Session 1: 7000RMB
- Session 2: 7000RMB

The program fee includes Chinese Language class delivery, course materials, accommodation fee (double room in international dormitory), Chinese culture experience, and tickets for site visits. Please be noted that the fee excludes round-trip airfares, transportation fees during the stay, overseas travel accident insurance fees, visa application fees, meals and any other living and personal expenses.

**Application Website:** <http://ccnu.at0086.cn/student>

**Application Deadline:** 2025.4.26

**Tel:** 86-27-67865607

**Email:** [exchange@ccnu.edu.cn](mailto:exchange@ccnu.edu.cn)

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<sup>4</sup> Application fee is non refundable.

<sup>5</sup> The program fee can be refunded in full only when the applicants withdraw before the application deadline. If you apply for 2 sessions, the application fee can be exempted.



# Yichang

Yichang is located in the western part of Hubei Province, along the middle reaches of the Yangtze River. It is situated at the eastern gateway to the Three Gorges, making it a key geographical and transportation hub in central China. The city is bordered by mountainous regions to the west and rolling plains to the east, forming a unique blend of landscapes.

Yichang has a history that spans over 2,700 years, with its origins tracing back to the Spring and Autumn Period. Known historically as “Yiling,” it served as a strategic military and trade center. Over centuries, Yichang witnessed important events and cultural developments, becoming a prominent city in the region. Its historical significance is reflected in its ancient battlefields, traditional architecture, and archaeological sites.

Yichang is renowned for its stunning natural landscapes, featuring dramatic gorges, crystal-clear rivers, and lush greenery. Its most iconic attractions are the “Three Gorges” and the “Qingjiang Gallery”, both of which showcase the area’s unique beauty.

The Three Gorges—Qutang Gorge, Wu Gorge, and Xiling Gorge—are a world-famous scenic area stretching along the Yangtze River. This majestic area is characterized by towering cliffs, narrow river passages, and breathtaking vistas. The “Three Gorges Dam”, located near Yichang, is a marvel of modern engineering and the largest hydroelectric power station in the world. Visitors can explore the dam and enjoy panoramic views of the surrounding landscapes.

The Qingjiang Gallery, often referred to as the “miniature Three Gorges,” is a picturesque river valley located along the Qingjiang River, a tributary of the Yangtze. Known for its serene waters, verdant mountains, and traditional Tujia villages, the area is a haven for eco-tourism and cultural exploration. Visitors can take boat rides to experience the tranquil beauty and learn about the region’s traditional way of life.



# Wudang Mountain

Wudang Mountain, a home to a famous complex of Taoist temples and monasteries associated with the god Xuan Wu, also known as Mount Taihe, Divine Mountain, and Fairy Stone Mountain, was revered in ancient times as “Tai Yue,” “Xuan Yue,” and “Da Yue.” The DreamWorks Studios cartoon films Kung Fu Panda use Wudang Mountain as raw material for the series movies. It is located in Danjiangkou City, northwest of Hubei Province. In the Ming Dynasty, Wudang Mountain was honored by emperors as the “Great Mountain” and “Xuan Yue,” and revered as the “Imperial Temple.” Wudang Mountain is known as the origin of Taoist and the birthplace of Wudang martial arts, renowned as the “first immortal mountain under heaven.” Wudang martial arts constitute an important school of Chinese martial arts, founded by the Daoist priest Zhang Sanfeng in the late Yuan and early Ming dynasties. In 2007, Wudang Mountain was selected as one of the “Top Ten Favorite Tourist Attractions in China” by Europeans.



