

# The LeadHERship Retreat: Programme agenda Online

Week commencing Monday, 18 August 2025

TBC

Online Meet & Greet + Energiser session

## In Person

Monday, 08 September 2025

9:30

Registration, coffee and tea

9:45

Welcome & programme overview

Meaningful objects, powerful stories

“Bring an item that reflects who you are and share its story.”



10:00	<b>Session 1: Enlighted leadership</b> “Exploring the future of work and the types of leaders it demands.” *Includes coffee break between 11:30 and 11:45
12:45	<b>Light lunch</b>
13:45	<b>Session 2: Walking &amp; talking leadership</b>
15:15	<b>Coffee break</b>
15:30	<b>Session 3: In conversation with Helen MacNamara, Chair of trustees at Shelter</b>
16:30	<b>Highlights &amp; key takeaways of day one</b>
17:00	<b>Hotel check-in and free time</b>
18:30	<b>Dinner at “<u>The Bothy</u>.”</b>

**Tuesday, 09 September 2025**

<b>9:30</b>	<b>Registration, coffee and tea</b>
<b>10:00</b>	<b>Session 4: Resilience &amp; Governance</b>
<b>11:30</b>	<b>Session 5: Panel discussion</b> “Leadership stories: Highlights, challenges & lessons learned” Panel Participants: <ul style="list-style-type: none"><li>• Irene-marié Esser</li><li>• Sara Carter</li><li>• Lord Provost Jackie McClaren</li><li>• Pheona Matovu</li></ul> Chair: Kezia Dugdale
<b>12:30</b>	<b>Light lunch</b>
<b>13:15</b>	<b>Session 6: Leading well: Mental health and self-care</b>
<b>14:30</b>	<b>Break</b>
<b>14:45</b>	<b>Session 7: Your enlightened leadership strengths</b>
<b>15:30</b>	<b>Highlights &amp; key takeaways of the programme</b>